The Love of God and Affliction*

In the realm of suffering, affliction is something apart, specific, and irreducible. It is quite a different thing from simple suffering. It takes possession of the soul and marks it through and through with its own particular mark, the mark of slavery. Slavery as practiced by ancient Rome is only an extreme form of affliction. The men of antiquity, who knew all about this question, used to say: "A man loses half his soul the day he becomes a slave."

Affliction is inseparable from physical suffering and yet quite distinct. With suffering, all that is not bound up with physical pain or something analogous is artificial, imaginary, and can be eliminated by a suitable adjustment of the mind. Even in the case of the absence or death of someone we love, the irreducible part of the sorrow is akin to physical pain, a difficulty in breathing, a constriction of the heart, an unsatisfied need, hunger, or the almost biological disorder caused by the brutal liberation of some energy, hitherto

^{*}No English word exactly conveys the meaning of the French malheur. Our word unhappiness is a negative term and far too weak. Affliction is the nearest equivalent but not quite satisfactory. Malheur has in it a sense of inevitability and doom.

directed by an attachment and now left without a guide. A sorrow that is not centered around an irreducible core of such a nature is mere romanticism or literature. Humiliation is also a violent condition of the whole corporal being, which longs to surge up under the outrage but is forced, by impotence or fear, to hold itself in check.

On the other hand pain that is only physical is a very unimportant matter and leaves no trace in the soul. Toothache is an example. An hour or two of violent pain caused by a decayed tooth is nothing once it is over.

It is another matter if the physical suffering is very prolonged or frequent, but in such a case we are dealing with something quite different from an attack of pain; it is often an affliction.

Affliction is an uprooting of life, a more or less attenuated equivalent of death, made irresistibly present to the soul by the attack or immediate apprehension of physical pain. If there is complete absence of physical pain there is no affliction for the soul, because our thoughts can turn to any object. Thought flies from affliction as promptly and irresistibly as an animal flies from death. Here below, physical pain, and that alone, has the power to chain down our thoughts; on condition that we count as physical pain certain phenomena that, though difficult to describe, are bodily and exactly equivalent to it. Fear of physical pain is a notable example.

When thought is obliged by an attack of physical pain, however slight, to recognize the presence of affliction, a state of mind is brought about, as acute as that of a condemned man who is forced to look for hours at the guillo-

tine that is going to cut off his head. Human beings can live for twenty or fifty years in this acute state. We pass quite close to them without realizing it. What man is capable of discerning such souls unless Christ himself looks through his eyes? We only notice that they have rather a strange way of behaving and we censure this behavior.

There is not real affliction unless the event that has seized and uprooted a life attacks it, directly or indirectly, in all its parts, social, psychological, and physical. The social factor is essential. There is not really affliction unless there is social degradation or the fear of it in some form or another.

There is both continuity and the separation of a definite point of entry, as with the temperature at which water boils, between affliction itself and all the sorrows that, even though they may be very violent, very deep and very lasting, are not affliction in the strict sense. There is a limit; on the far side of it we have affliction but not on the near side. This limit is not purely objective; all sorts of personal factors have to be taken into account. The same event may plunge one human being into affliction and not another.

The great enigma of human life is not suffering but affliction. It is not surprising that the innocent are killed, tortured, driven from their country, made destitute, or reduced to slavery, imprisoned in camps or cells, since there are criminals to perform such actions. It is not surprising either that disease is the cause of long sufferings, which paralyze life and make it into an image of death, since nature is at the mercy of the blind play of mechanical necessities. But it is surprising that God should have given affliction the power to seize the very souls of the innocent and to take possession

of them as their sovereign lord. At the very best, he who is branded by affliction will keep only half his soul.

As for those who have been struck by one of those blows that leave a being struggling on the ground like a half-crushed worm, they have no words to express what is happening to them. Among the people they meet, those who have never had contact with affliction in its true sense can have no idea of what it is, even though they may have suffered a great deal. Affliction is something specific and impossible to describe in any other terms, as sounds are to anyone who is deaf and dumb. And as for those who have themselves been mutilated by affliction, they are in no state to help anyone at all, and they are almost incapable of even wishing to do so. Thus compassion for the afflicted is an impossibility. When it is really found we have a more astounding miracle than walking on water, healing the sick, or even raising the dead.

Affliction constrained Christ to implore that he might be spared, to seek consolation from man, to believe he was forsaken by the Father. It forced a just man to cry out against God, a just man as perfect as human nature can be, more so, perhaps, if Job is less a historical character than a figure of Christ. "He laughs at the affliction of the innocent!" This is not blasphemy but a genuine cry of anguish. The Book of Job is a pure marvel of truth and authenticity from beginning to end. As regards affliction, all that departs from this model is more or less stained with falsehood.

Affliction makes God appear to be absent for a time, more absent than a dead man, more absent than light in the utter darkness of a cell. A kind of horror submerges the whole

soul. During this absence there is nothing to love. What is terrible is that if, in this darkness where there is nothing to love, the soul ceases to love, God's absence becomes final. The soul has to go on loving in the emptiness, or at least to go on wanting to love, though it may only be with an infinitesimal part of itself. Then, one day, God will come to show himself to this soul and to reveal the beauty of the world to it, as in the case of Job. But if the soul stops loving it falls, even in this life, into something almost equivalent to hell.

That is why those who plunge men into affliction before they are prepared to receive it kill their souls. On the other hand, in a time such as ours, where affliction is hanging over us all, help given to souls is effective only if it goes far enough really to prepare them for affliction. That is no small thing.

Affliction hardens and discourages us because, like a red hot iron, it stamps the soul to its very depths with the scorn, the disgust, and even the self-hatred and sense of guilt and defilement that crime logically should produce but actually does not. Evil dwells in the heart of the criminal without being felt there. It is felt in the heart of the man who is afflicted and innocent. Everything happens as though the state of soul suitable for criminals had been separated from crime and attached to affliction; and it even seems to be in proportion to the innocence of those who are afflicted.

If Job cries out that he is innocent in such despairing accents, it is because he himself is beginning not to believe in it; it is because his soul within him is taking the side of his friends. He implores God himself to bear witness, because

he no longer hears the testimony of his own conscience; it is no longer anything but an abstract, lifeless memory for him.

Men have the same carnal nature as animals. If a hen is hurt, the others rush upon it, attacking it with their beaks. This phenomenon is as automatic as gravitation. Our senses attach all the scorn, all the revulsion, all the hatred that our reason attaches to crime, to affliction. Except for those whose whole soul is inhabited by Christ, everybody despises the afflicted to some extent, although practically no one is conscious of it.

This law of sensibility also holds good with regard to ourselves. In the case of someone in affliction, all the scorn, revulsion, and hatred are turned inward. They penetrate to the center of the soul and from there color the whole universe with their poisoned light. Supernatural love, if it has survived, can prevent this second result from coming about, but not the first. The first is of the very essence of affliction; there is no affliction without it.

Christ... being made a curse for us. It was not only the body of Christ, hanging on the wood, that was accursed; it was his whole soul also. In the same way every innocent being in his affliction feels himself accursed. This even goes on being true for those who have been in affliction and have come out of it, through a change in their fortunes, that is to say, if the affliction ate deeply enough into them.

Another effect of affliction is, little by little, to make the soul its accomplice, by injecting a poison of inertia into it. In anyone who has suffered affliction for a long enough time there is a complicity with regard to his own affliction. This complicity impedes all the efforts he might make to improve

his lot; it goes so far as to prevent him from seeking a way of deliverance, sometimes even to the point of preventing him from wishing for deliverance. Then he is established in affliction, and people might think he was satisfied. Further, this complicity may even induce him to shun the means of deliverance. In such cases it veils itself with excuses which are often ridiculous. Even a person who has come through his affliction will still have something left in him compelling him to plunge into it again, if it has bitten deeply and forever into the substance of his soul. It is as though affliction had established itself in him like a parasite and were directing him to suit its own purposes. Sometimes this impulse triumphs over all the movements of the soul toward happiness. If the affliction has been ended as a result of some kindness, it may take the form of hatred for the benefactor; such is the cause of certain apparently inexplicable acts of savage ingratitude. It is sometimes easy to deliver an unhappy man from his present distress, but it is difficult to set him free from his past affliction. Only God can do it. And even the grace of God itself cannot cure irremediably wounded nature here below. The glorified body of Christ bore the marks of the nails and spear.

One can only accept the existence of affliction by considering it at a distance.

God created through love and for love. God did not create anything except love itself, and the means to love. He created love in all its forms. He created beings capable of love from all possible distances. Because no other could do it, he himself went to the greatest possible distance, the infinite distance. This infinite distance between God and

God, this supreme tearing apart, this agony beyond all others, this marvel of love, is the crucifixion. Nothing can be further from God than that which has been made accursed.

This tearing apart, over which supreme love places the bond of supreme union, echoes perpetually across the universe in the midst of the silence, like two notes, separate yet melting into one, like pure and heart-rending harmony. This is the Word of God. The whole creation is nothing but its vibration. When human music in its greatest purity pierces our soul, this is what we hear through it. When we have learned to hear the silence, this is what we grasp more distinctly through it.

Those who persevere in love hear this note from the very lowest depths into which affliction has thrust them. From that moment they can no longer have any doubt.

Men struck down by affliction are at the foot of the Cross, almost at the greatest possible distance from God. It must not be thought that sin is a greater distance. Sin is not a distance, it is a turning of our gaze in the wrong direction.

It is true that there is a mysterious connection between this distance and an original disobedience. From the beginning, we are told, humanity turned its gaze away from God and walked in the wrong direction for as far as it could go. That was because it could walk then. As for us, we are nailed down to the spot, only free to choose which way we look, ruled by necessity. A blind mechanism, heedless of degrees of spiritual perfection, continually tosses men about and throws some of them at the very foot of the Cross. It rests with them to keep or not to keep their eyes turned

toward God through all the jolting. It does not mean that God's Providence is lacking. It is in his Providence that God has willed that necessity should be like a blind mechanism.

If the mechanism were not blind there would not be any affliction. Affliction is anonymous before all things; it deprives its victims of their personality and makes them into things. It is indifferent; and it is the coldness of this indifference—a metallic coldness—that freezes all those it touches right to the depths of their souls. They will never find warmth again. They will never believe any more that they are anyone.

Affliction would not have this power without the element of chance contained by it. Those who are persecuted for their faith and are aware of the fact are not afflicted, although they have to suffer. They only fall into a state of affliction if suffering or fear fills the soul to the point of making it forget the cause of the persecution. The martyrs who entered the arena, singing as they went to face the wild beasts, were not afflicted. Christ was afflicted. He did not die like a martyr. He died like a common criminal, confused with thieves, only a little more ridiculous. For affliction is ridiculous.

Only blind necessity can throw men to the extreme point of distance, right next to the Cross. Human crime, which is the cause of most affliction, is part of blind necessity, because criminals do not know what they are doing.

There are two forms of friendship: meeting and separation. They are indissoluble. Both of them contain some good, and this good of friendship is unique, for when two beings who are not friends are near each other there is no

meeting, and when friends are far apart there is no separation. As both forms contain the same good thing, they are both equally good.

God produces himself and knows himself perfectly, just as we in our miserable fashion make and know objects outside ourselves. But, before all things, God is love. Before all things God loves himself. This love, this friendship of God, is the Trinity. Between the terms united by this relation of divine love there is more than nearness; there is infinite nearness or identity. But, resulting from the Creation, the Incarnation, and the Passion, there is also infinite distance. The totality of space and the totality of time, interposing their immensity, put an infinite distance between God and God

Lovers or friends desire two things. The one is to love each other so much that they enter into each other and only make one being. The other is to love each other so much that, with half the globe between them, their union will not be diminished in the slightest degree. All that man vainly desires here below is perfectly realized in God. We have all those impossible desires within us as a mark of our destination, and they are good for us when we no longer hope to accomplish them.

The love between God and God, which in itself is God, is this bond of double virtue: the bond that unites two beings so closely that they are no longer distinguishable and really form a single unity and the bond that stretches across distance and triumphs over infinite separation. The unity of God, wherein all plurality disappears, and the abandonment, wherein Christ believes he is left while never ceasing to love

his Father perfectly, these are two forms expressing the divine virtue of the same Love, the Love that is God himself.

God is so essentially love that the unity, which in a sense is his actual definition, is the pure effect of love. Moreover, corresponding to the infinite virtue of unification belonging to this love, there is the infinite separation over which it triumphs, which is the whole creation spread throughout the totality of space and time, made of mechanically harsh matter and interposed between Christ and his Father.

As for us men, our misery gives us the infinitely precious privilege of sharing in this distance placed between the Son and his Father. This distance is only separation, however, for those who love. For those who love, separation, although painful, is a good, because it is love. Even the distress of the abandoned Christ is a good. There cannot be a greater good for us on earth than to share in it. God can never be perfectly present to us here below on account of our flesh. But he can be almost perfectly absent from us in extreme affliction. This is the only possibility of perfection for us on earth. That is why the Cross is our only hope. "No forest bears such a tree, with such blossoms, such foliage, and such fruit."

This universe where we are living, and of which we form a tiny particle, is the distance put by Love between God and God. We are a point in this distance. Space, time, and the mechanism that governs matter are the distance. Everything that we call evil is only this mechanism. God has provided that when his grace penetrates to the very center of a man and from there illuminates all his being, he is able to walk on the water without violating any of the laws of nature.

When, however, a man turns away from God, he simply gives himself up to the law of gravity. Then he thinks that he can decide and choose, but he is only a thing, a stone that falls. If we examine human society and souls closely and with real attention, we see that wherever the virtue of supernatural light is absent, everything is obedient to mechanical laws as blind and as exact as the laws of gravitation. To know this is profitable and necessary. Those whom we call criminals are only tiles blown off a roof by the wind and falling at random. Their only fault is the initial choice by which they became such tiles.

The mechanism of necessity can be transposed to any level while still remaining true to itself. It is the same in the world of pure matter, in the animal world, among nations, and in souls. Seen from our present standpoint, and in human perspective, it is quite blind. If, however, we transport our hearts beyond ourselves, beyond the universe, beyond space and time to where our Father dwells, and if from there we behold this mechanism, it appears quite different. What seemed to be necessity becomes obedience. Matter is entirely passive and in consequence entirely obedient to God's will. It is a perfect model for us. There cannot be any being other than God and that which obeys God. On account of its perfect obedience, matter deserves to be loved by those who love its Master, in the same way as a needle, handled by the beloved wife he has lost, is cherished by a lover. The beauty of the world gives us an intimation of its claim to a place in our heart. In the beauty of the world brute necessity becomes an object of love. What is more beautiful than the action of gravity on the fugitive

folds of the sea waves, or on the almost eternal folds of the mountains?

The sea is not less beautiful in our eyes because we know that sometimes ships are wrecked by it. On the contrary, this adds to its beauty. If it altered the movement of its waves to spare a boat, it would be a creature gifted with discernment and choice and not this fluid, perfectly obedient to every external pressure. It is this perfect obedience that constitutes the sea's beauty.

All the horrors produced in this world are like the folds imposed upon the waves by gravity. That is why they contain an element of beauty. Sometimes a poem, such as the *Iliad*, brings this beauty to light.

Men can never escape from obedience to God. A creature cannot but obey. The only choice given to men, as intelligent and free creatures, is to desire obedience or not to desire it. If a man does not desire it, he obeys nevertheless, perpetually, inasmuch as he is a thing subject to mechanical necessity. If he desires it, he is still subject to mechanical necessity, but a new necessity is added to it, a necessity constituted by laws belonging to supernatural things. Certain actions become impossible for him; others are done by his agency, sometimes almost in spite of himself.

When we have the feeling that on some occasion we have disobeyed God, it simply means that for a time we have ceased to desire obedience. Of course it must be understood that, where everything else is equal, a man does not perform the same actions if he gives his consent to obedience as if he does not; just as a plant, where everything else is equal, does not grow in the same way in the light as in the dark.

The plant does not have any control or choice in the matter of its own growth. As for us, we are like plants that have the one choice of being in or out of the light.

Christ proposed the docility of matter to us as a model when he told us to consider the lilies of the field that neither toil nor spin. This means that they have not set out to clothe themselves in this or that color; they have not exercised their will or made arrangements to bring about their object; they have received all that natural necessity brought them. If they appear to be infinitely more beautiful than the richest stuffs, it is not because they are richer but a result of their docility. Materials are docile too, but docile to man, not to God. Matter is not beautiful when it obeys man, but only when it obeys God. If sometimes a work of art seems almost as beautiful as the sea, the mountains, or flowers, it is because the light of God has filled the artist. In order to find things beautiful which are manufactured by men uninspired by God, it would be necessary for us to have understood with our whole soul that these men themselves are only matter, capable of obedience without knowledge. For anyone who has arrived at this point, absolutely everything here below is perfectly beautiful. In everything that exists, in everything that comes about, he discerns the mechanism of necessity, and he appreciates in necessity the infinite sweetness of obedience. For us, this obedience of things in relation to God is what the transparency of a window pane is in relation to light. As soon as we feel this obedience with our whole being, we see God.

When we hold a newspaper upside down, we see the strange shapes of the printed characters. When we turn it

the right way up, we no longer see the characters, we see words. The passenger on board a boat caught in a storm feels each jolt as an inward upheaval. The captain is only aware of the complex combination of the wind, the current, and the swell, with the position of the boat, its shape, its sails, its rudder.

As one has to learn to read or to practice a trade, so one must learn to feel in all things, first and almost solely, the obedience of the universe to God. It is really an apprenticeship. Like every apprenticeship, it requires time and effort. He who has reached the end of his training realizes that the differences between things or between events are no more important than those recognized by someone who knows how to read, when he has before him the same sentence reproduced several times, written in red ink and blue, and printed in this, that, or the other kind of lettering. He who does not know how to read only sees the differences. For him who knows how to read, it all comes to the same thing, since the sentence is identical. Whoever has finished his apprenticeship recognizes things and events, everywhere and always, as vibrations of the same divine and infinitely sweet word. This does not mean that he will not suffer. Pain is the color of certain events. When a man who can and a man who cannot read look at a sentence written in red ink, they both see the same red color, but this color is not so important for the one as for the other.

When an apprentice gets hurt, or complains of being tired, the workmen and peasants have this fine expression: "It is the trade entering his body." Each time that we have some pain to go through, we can say to ourselves quite truly

that it is the universe, the order, and beauty of the world and the obedience of creation to God that are entering our body. After that how can we fail to bless with tenderest gratitude the Love that sends us this gift?

Joy and suffering are two equally precious gifts both of which must be savored to the full, each one in its purity, without trying to mix them. Through joy, the beauty of the world penetrates our soul. Through suffering it penetrates our body. We could no more become friends of God through joy alone than one becomes a ship's captain by studying books on navigation. The body plays a part in all apprenticeships. On the plane of physical sensibility, suffering alone gives us contact with that necessity which constitutes the order of the world, for pleasure does not involve an impression of necessity. It is a higher kind of sensibility, capable of recognizing a necessity in joy, and that only indirectly through a sense of beauty. In order that our being should one day become wholly sensitive in every part to this obedience that is the substance of matter, in order that a new sense should be formed in us to enable us to hear the universe as the vibration of the word of God, the transforming power of suffering and of joy are equally indispensable. When either of them comes to us we have to open the very center of our soul to it, just as a woman opens her door to messengers from her loved one. What does it matter to a lover if the messenger be polite or rough, so long as he delivers the message?

But affliction is not suffering. Affliction is something quite distinct from a method of God's teaching.

The infinity of space and time separates us from God.

How are we to seek for him? How are we to go toward him? Even if we were to walk for hundreds of years, we should do no more than go round and round the world. Even in an airplane we could not do anything else. We are incapable of progressing vertically. We cannot take a step toward the heavens. God crosses the universe and comes to us.

Over the infinity of space and time, the infinitely more infinite love of God comes to possess us. He comes at his own time. We have the power to consent to receive him or to refuse. If we remain deaf, he comes back again and again like a beggar, but also, like a beggar, one day he stops coming. If we consent, God puts a little seed in us and he goes away again. From that moment God has no more to do; neither have we, except to wait. We only have not to regret the consent we gave him, the nuptial yes. It is not as easy as it seems, for the growth of the seed within us is painful. Moreover, from the very fact that we accept this growth, we cannot avoid destroying whatever gets in its way, pulling up the weeds, cutting the good grass, and unfortunately the good grass is part of our very flesh, so that this gardening amounts to a violent operation. On the whole, however, the seed grows of itself. A day comes when the soul belongs to God, when it not only consents to love but when truly and effectively it loves. Then in its turn it must cross the universe to go to God. The soul does not love like a creature with created love. The love within it is divine, uncreated: for it is the love of God for God that is passing through it. God alone is capable of loving God. We can only consent to give up our own feelings so as to allow free passage in

our soul for this love. That is the meaning of denying oneself. We are created for this consent, and for this alone.

Divine Love crossed the infinity of space and time to come from God to us. But how can it repeat the journey in the opposite direction, starting from a finite creature? When the seed of divine love placed in us has grown and become a tree, how can we, we who bear it, take it back to its origin? How can we repeat the journey made by God when he came to us, in the opposite direction? How can we cross infinite distance?

It seems impossible, but there is a way—a way with which we are familiar. We know quite well in what likeness this tree is made, this tree that has grown within us, this most beautiful tree where the birds of the air come and perch. We know what is the most beautiful of all trees. "No forest bears its equal." Something still a little more frightful than a gibbet—that is the most beautiful of all trees. It was the seed of this tree that God placed within us, without our knowing what seed it was. If we had known, we should not have said yes at the first moment. It is this tree that has grown within us and has become ineradicable. Only a betrayal could uproot it.

When we hit a nail with a hammer, the whole of the shock received by the large head of the nail passes into the point without any of it being lost, although it is only a point. If the hammer and the head of the nail were infinitely big it would be just the same. The point of the nail would transmit this infinite shock at the point to which it was applied.

Extreme affliction, which means physical pain, distress of soul, and social degradation, all at the same time, is a nail

whose point is applied at the very center of the soul, whose head is all necessity spreading throughout space and time.

Affliction is a marvel of divine technique. It is a simple and ingenious device which introduces into the soul of a finite creature the immensity of force, blind, brutal, and cold. The infinite distance separating God from the creature is entirely concentrated into one point to pierce the soul in its center.

The man to whom such a thing happens has no part in the operation. He struggles like a butterfly pinned alive into an album. But through all the horror he can continue to want to love. There is nothing impossible in that, no obstacle, one might almost say no difficulty. For the greatest suffering, so long as it does not cause the soul to faint, does not touch the acquiescent part of the soul, consenting to a right direction.

It is only necessary to know that love is a direction and not a state of the soul. If one is unaware of this, one falls into despair at the first onslaught of affliction.

He whose soul remains ever turned toward God though the nail pierces it finds himself nailed to the very center of the universe. It is the true center; it is not in the middle; it is beyond space and time; it is God. In a dimension that does not belong to space, that is not time, that is indeed quite a different dimension, this nail has pierced cleanly through all creation, through the thickness of the screen separating the soul from God.

In this marvelous dimension, the soul, without leaving the place and the instant where the body to which it is united

is situated, can cross the totality of space and time and come into the very presence of God.

It is at the intersection of creation and its Creator. This point of intersection is the point of intersection of the arms of the Cross.

Saint Paul was perhaps thinking about things of this kind when he said: "That ye, being rooted and grounded in love, may be able to comprehend with all saints what is the breadth, and length, and depth, and height; and to know the love of Christ, which passeth knowledge." *

^{*} Epistle to the Ephesians 3:17-19.